

# Bibliography for Ketamine Harm Reduction

Want to read some of the research for yourself? Here are some assembled citations on ketamine and what does - and *doesn't* - work to reduce its harmful tendencies in the current research literature. As mentioned in our write up, study quality varies wildly in this field and there are often lengthy caveats attached to when any given conclusion might be applicable for practical purposes outside the lab. Be sure to check out the methodology section of any given research article before taking the abstract as the gospel truth. We'll update this as we find more geeky goodies to share.

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