

**Overdose Response:
SAVE ME**

- ❖ Stimulate: Speak loudly, rubbing sternum & pinching skin. Unresponsive? Call 911.
- ❖ Airway: Check airway: tilt head and lift chin to open.
- ❖ Ventilate: 1 breath every 5 seconds, using CPR mask. If their heart has stopped, administer CPR to tune of "Staying Alive" (100 compressions/minute)
- ❖ Evaluate: Are they now breathing?

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**Overdose Response:
SAVE ME (cont.)**

- ❖ Medication: 1 dose naloxone (spray in nostrils or direct IM dosage) & write down time.
- ❖ Evaluate & support: Naloxone takes 2-5 minutes to work. Wait 3-5 minutes while continuing rescue breaths (approximately 40). If no change, administer second naloxone dose.

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How to Recognize an Opioid Overdose

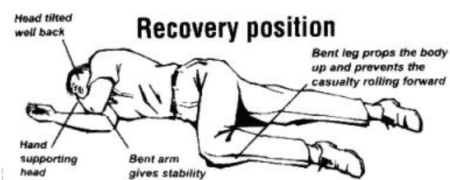
- Not moving & not responsive to attempts to awaken
- Slow, erratic, or no breathing (under 10 breaths/minute)
- Slow, erratic, or no hearttrate (under 50 beats/minute)
- Tiny, "pinpoint" pupils
- Blue/gray lips & nailbeds
- Cold, clammy skin

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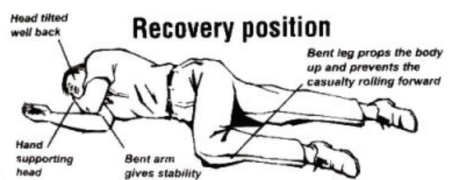
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If you have to leave the person unattended to seek help, place in recovery position. Naloxone only temporarily reverses an overdose, and wears off within 20-90 minutes. They can still overdose. Stay with the person until EMTs arrive. Request help from other staff or bystanders if needed.

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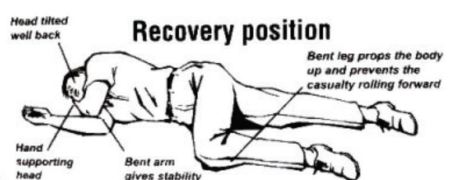
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